

7.—Height of Principal Mountain Peaks in each Province and Territory
by Mountain Range—continued

Province, Mountain Range and Peak	Elevation	Province, Mountain Range and Peak	Elevation
Newfoundland—concluded		Saskatchewan	
Torngats—	ft.		ft.
Cirque Mountain.....	6,500	Cypress Hills (Summit).....	4,243
Mount Eliot.....	4,550	Wood Mountain (West Summit).....	3,371
Mount Tetragona.....	4,510	Wood Mountain (East Summit).....	3,347
Mount Razorback.....	3,660	Vermillion Hills.....	2,255
Mount Sir Donald.....	1,950		
Cape Chidley.....	1,500		
Kaumajets—		Alberta	
Bishop's Mitre.....	3,500†	Rockies—	
		Columbia.....	12,294
		The Twins ²	12,085
		Forbes.....	11,902
		Alberta.....	11,874
Nova Scotia		Assiniboine.....	11,870
Ingonish Mountain.....	1,382	The Twins ²	11,675
Creignish Hills (at Creignish).....	850	Temple.....	11,636
Cobequid Mountains (at E Mapleton).....	840	Kitchener.....	11,500
North Mountain (4 miles NE of Annapolis).....	590	Diadem.....	11,500
South Mountain (at Annapolis).....	515	Lyell.....	11,495
		Athabasca.....	11,452
		Hungabee.....	11,447
New Brunswick		King Edward.....	11,400
Mount Carleton.....	2,690	Stutfield.....	11,400
Green River Mountain.....	1,600	Brazeau.....	11,386
Moose Mountain.....	1,490	Victoria.....	11,355
		Snow Dome.....	11,340
		Joffre.....	11,315
		Murchison.....	11,300
Quebec		Deltaform.....	11,225
Appalachians—		Lefroy.....	11,220
Mount Jacques Cartier (Shickshocks).....	4,160	Alexandra.....	11,214
Mount Richardson.....	3,885	Sir Douglas.....	11,174
Barn Mountain.....	3,775	Woolley.....	11,170
Mount Logan.....	3,700	Lunette.....	11,159
Mount Magnetic.....	3,625	Hector.....	11,135
Mount Albert.....	3,559	Clearwater.....	11,044
Mount Bayfield.....	3,470	Edith Cavell.....	11,033
Mount Mattawa.....	3,370	Fryatt.....	11,026
Roundtop Mountain (Sutton Mountains).....	3,175	Coleman.....	11,000
Mount Orford.....	2,860	Wilson.....	11,000
Mount Hereford.....	2,760	Effel Park.....	10,091
Pinnacle Mountain.....	2,150	Pinnacle Mountain.....	10,061
Mount Brome.....	1,725	Mount Rundle.....	9,665
Mount Shefferd.....	1,725	Mount Eisenhower.....	9,020
Shield—		Three Sisters.....	8,840
Mount Tremblant (Laurentian Mountains).....	3,150	Mount Edith.....	8,370
Mount Ste. Anne (Laurentian Mountains).....	2,625		
Monteregian Hills—		British Columbia	
Mount St. Hilaire.....	1,350		
Mount Yamaska.....	1,275	Coast Range—	
Rougemont.....	1,250	Waddington.....	13,260
Mount Johnson.....	725	Tiedemann.....	12,000
Mount Royal.....	700	Tatlow.....	10,050
		Skihist.....	9,660
		Crown.....	4,708
Ontario			
Niagara Escarpment (at Caledonia).....	1,550	Selkirks—	
Mount St. Patrick.....	1,383	Sir Sandforth.....	11,342
Lion's Head Hill.....	1,034	Dawson.....	11,123
Mount Nemo.....	1,000	Hasler.....	11,113
Dundas Mountain.....	825	Delphine.....	11,076
Clappison.....	735	Huber.....	11,041
		Wheeler.....	11,023
		Selwyn.....	11,013
		Adamant.....	10,980
		Grand.....	10,832
		Mount Sir Donald (Sir Donald Range).....	10,808
		Nelson.....	10,772
		Inoclast.....	10,646
		Rogers Park (Hermit Range).....	10,536
Manitoba			
Duck Mountain.....	2,600		
Porcupine Mountain.....	2,300		
Riding Mountain.....	2,000		

† Approximate.

² One of two peaks.